

The diagram consists of six interlocking red gears arranged in a circle. In the center of the gears is a purple silhouette of a person with a circular arrow around them, indicating a cycle or process. Each gear contains a text prompt in Danish:

- Top gear: Jeg har behov for at arbejde med...
- Top-right gear: For mig er det vigtigt fordi...
- Bottom-right gear: Jeg vil afprøve det i følgende situationer...
- Bottom gear: Sådan vil jeg gøre det...
- Bottom-left gear: De første resultater ses...
- Top-left gear: Jeg vil inddrage /søge hjælp hos...

Surrounding the central gear diagram are six large, empty rectangular boxes for notes, connected to the gears by thin lines:

- Top box (connected to the top gear)
- Top-right box (connected to the top-right gear)
- Bottom-right box (connected to the bottom-right gear)
- Bottom box (connected to the bottom gear)
- Bottom-left box (connected to the bottom-left gear)
- Top-left box (connected to the top-left gear)